

YOU GOTTA HAVE A GOAL

Why do we do the things we do? I've found in looking back over the course of my life that the times when I've been the most engaged and energized have been the times I've been focused on a major goal. As a youth it was school and sports, getting to the next level. In college more studies and the quest for a national lacrosse championship. Things get more difficult once school is done, it's harder to juggle earning a living and making your way in the world with major projects. With that being said the reward is that much better when you achieve your goals.

The list is long, law school, running a marathon, passing the Bar exam, reading the hundred greatest novels of the 20th century, playing competitive golf, starting my own law firm. The goals get bigger and the satisfaction gets greater. Lately I've found myself without a challenge and growing restless. Then one night like a bolt of lightning the next goal comes sharply into focus: bike across the United States. I've always wanted to go cross country just never figured I would do it on a bike. Started biking a couple of years ago as my body was telling me to hang up the running shoes. I quickly became addicted, pushing myself harder, going farther and loving every minute of it. So why not combine my new passion with a lifelong dream? A new goal was born and I've been energized ever since.

In planning for this I decided to have not one but two goals: complete the ride and raise money for the Boys & Girls Clubs of Providence. Why the Boys & Girls Club? Well, simply put, I love their mission. Over the past few years I have been participating in a master's swim program at the Fox Point Club and over the course of that time I've gotten to know the staff and see their dedication to helping the city's youth grow physically and intellectually. I've been particularly impressed with the swim program under the direction of Ian Muir. Ian is the consummate coach, knowing how to motivate, encourage and instruct the kids to achieve their goals. The satisfaction he gets from this is apparent, particularly when the kids he's coached come back on their college breaks and get in the pool with us. He's so proud of their accomplishments both academically and on their college swim teams he simply beams!

Another reason it was a no brainer to do this for the club is the ability to incorporate my journey into the summer curriculum for the kids in the program. With technology they will be able to track my progress and incorporate the history, geography and technology of where I am with their studies. I also want to impress upon them that they can achieve whatever goals they might have, that nothing is out of reach if they put their mind to it.

I am excited for the challenge and can't wait to kick off this campaign. Please consider a donation to the club and help these kids get started on their goals!

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